

“Sound Off”

The Family Newsletter for
American Legion Post 146
1617 Mission Ave
Oceanside, CA 92058-2734
Phone 760-754-9633
FAX 760-433-1046
Vol. XXVII, No.10, April 2016
Website: www.legionpost146.org

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”For God and Country”

Next meeting: 0900 (9am) April, 16th, 2016

Come Early Breakfast from 730am to 845am, \$8.

Post Pot: The name drawn for March was

George Christenson. George was not at the meeting to win the \$10. Post Pot for April will be \$20.

You must be present to win.

“Membership” Check your membership card if it does not say 2016 your membership has Expired. Not to worry, after checking your card and finding you have not paid your dues send a check for \$45 in to the Post. Mail to: 1617 Mission Ave., Oceanside, CA 92058-2734 or you can pay on-line..

Happy Birthday to our Brothers and Sisters who were born this month.

April Birthdays

1 Thomas G. Calabrese	1 Vernon McGee	2 Gordon O. Mason	3 David C. Burwell
3 Ricardo A. Dogue	3 Thomas Holton	3 Ricardo S. Pulvera	3 Joseph B. Villasista
3 John Giernet	3 Imy V. Holt	4 Paul J. Markowitz	6 Ronnie L. Hill
7 Robert A. Pickrel	7 Gordon Hill	8 Barbara Cogburn	8 Anthony C. Huebner
8 Edward A. Langer	10 Clarence H. Johnson	10 Eduardo Ayala	12 Thomas E. Mitchell
12 James Zigler	13 Pete Nares	14 Wilfred W. Foreman	14 Duke Stroud
14 Brandon Ebeling	14 Thomas Freeman	15 John M. Jennings	16 Gerald K. Holtzen
16 John T. Meyers	16 George T. Christensen	17 Gary Pearce	17 Daniel L. Spalding
17 Douglas Taylor	17 Donald P. Patrick	17 David W. Hunt	18 Rodolfo “Rudy” Moreno
18 James M. Brubeck	19 Bill P. Morrow	19 Elliot Schroeder	19 John R. Todd
21 Douglas Daily	21 Paul M. Guerra	23 Richard D. Bell	25 John R. Colomber
25 George Britton	26 Michael A. Nave	26 Anna L. Cavalli	27 William R. Miller
28 John G. Hook	28 Martin Villarreal	28 Emanuel M. Winocur	28 George Young
29 Michael L. Foster	29 Jason P. Lundy	29 John W. Hegeman	30 Valhik Hacopiannik
30 William E. Peaker	30 Lynn LePage		

American Legion Post 146 Officers

Commander	Kevin Johnstone	760-801-9000	commander@legionpost146.org
1 st Vice Commander	Carl Asher	760-722-6768	firstvicecommander@legionpost146.org
2 nd Vice Commander	Brian Nielsen	760-505-1168	brianbrnielsen@gmail.com
3 rd Vice Commander	Bianca Wylie	703-507-3792	bianca.wylie@yahoo.com
Judge Advocate/ Service Officer	Charles T. Atkinson	760-941-4712	catkinsonE9@gmail.com
Sgt.-At-Arms	Rudolph (Rudy) J. Caron	760-473-6156	caronj7@cox.net
Adjutant/Finance Officer/Editor	Edd Robinson	760-433-1165	adjutant@legionpost146.org
Assistant Adjutant/ Webmaster	David Kauppinen	760-639-0728	subvet346@cox.net
Chaplain / Jr. Past Commander	James Greer	760-612-7125	Rev.JamesGreer59@gmail.com
Historian	Vacant		
3 Yr. Executive Committee	Jack W. Moreno	760-855-7996	Amlegpost146info@aol.com
2 Yr. Executive Committee	Dave A. Pines	760-207-6794	davepines@mac.com
1 Yr. Executive Committee	Ken Derr	760-272-5941	capndirt1@cox.net

Postal Compliance Notice: “Sound Off!” is published monthly. It is the official newsletter of American Legion Post 146 Family, an incorporated nonprofit organization. Issue number & date are on the front page. Distribution is to the members of the Post, Riders, Auxiliary & SAL’s VIA e-mail or on the Web Site. Direct all inquiries concerning this publication to the “Sound Off!” Editor at: 1617 Mission Ave.; Oceanside, CA 92058-2734 or adjutant@legionpost146.org. **Anyone wishing to add articles to Sound Off! Will need to have them in to the editor no later than 6pm on the 3rd Sunday of the month, for the following month’s edition, in word format Please.**

Sound Off Via E-Mail or Website

This newsletter is available Via E-Mail or on our Website www.legionpost146.org. We will be E-mailing it to any member who wishes to receive it. If you wish to receive Sound Off via E-mail call the post or better yet E-mail the adjutant adjutant@legionpost146.org and tell him your E-mail address. The newsletter is also available at our Website www.legionpost146.org. This service will be FREE to all Post Members who wish to use it. Snail Mail is still available. You need to notify the Adjutant to add you to the list.

Meetings

Post 146 meets every 3rd Saturday of the month in our new home in the VANC building, 1617 Mission Ave. Oceanside, CA. 92058-2734. Meetings start at 0900. Please park in the back of the building. For Post 146 information go to our Web page at www.legionpost146.org. The Post 146 phone number is (760) 754-9633, FAX (760) 433-1046. Volunteers needed to transport members who cannot drive to meetings.

District 22 meets 0900 @ Escondido Post 149, April 10, 2016 Come early for Breakfast. Get involved with Post 146 www.legionpost146.org & District 22, <http://www.legionsd.org/>

From your Commander



Fellow Legionnaires!

We're continuing to roll! The past 9 months have seen great accomplishments, noticeable change and continued growth. We have a lot to be proud of! Just a couple of weeks ago we had our annual Law & Order Awards Dinner, where we hung medals for merit, heroism and valor on a number of local police and firefighters. It was a great night for all of us and allowed us the opportunity to express our deep appreciation to members of the public safety community and treat them to a well-deserved dinner. Our thanks to the Oceanside Elks for their continued partnership! And I'd like to express my personal thanks to all of those that pitched in to help. Without people like Carl, Tony, Sam, Edd and Kathy we wouldn't be able to host such great events. We also need to thank our new Cub Master, Eddy Ferguson, and the Cub Scouts from our own Post 7146 for a great job at posting the colors and leading the National Anthem. And finally, thanks to all of the Legionnaires that turned out in support of this great event.

Our next meeting is on April 16th and it will be the second round of nominations & election for Post Officers. Any member in good standing is welcome to run for any elected Post Officer position. We are definitely in need of individuals interested in being First Vice Commander and Second Vice Commander as these positions will be vacant and in need of filling. If you are interested in running please let me know so we can get your name on the ballot. Also, if you have questions about what's involved in holding the office of Vice Commander, please feel free to talk to me, or any one of the current or former officers. The Adjutant has copies of the Officer's Guides and Manual of Ceremonies if you want one.

Last, but certainly not least, make it your mission to bring a non-Legionnaire veteran to our next meeting and introduce him, or her, to all that we do! We're very close to meeting our membership goal but we need your help to finish strong. New memberships are good for the Post and great for the Veteran! I'm challenging each of you to bring one new member to our next meeting. Come to our breakfast prior to the meeting and bring a potential new member and get a **free breakfast** for you and your potential new member.

For God and County.

Kevin Johnstone, Commander - Post 146, commander@legionpost146.org

Post Officers Elections

There was a sad showing of volunteers at the last meeting to run for the elected Officers positions. The elected positions are: Commander, 1st Vice Commander, 2nd Vice Commander, 3rd Vice Commander, and 3 Year Executive Committee person. All other offices are appointed by the incoming Commander. If you are interested in running you must attend the April meeting.

1st Vice Commander

Membership:

Greetings Legionnaires: We are ahead of the goal curve by just a smidgen, but ahead none the less. We have transmitted 479 members to date which is 91.6% of our goal; we met the March goal dates.

Just to breakdown the Target dates for our membership:

Goal Name	Date	Goal	Members
To Date	2/27	88%	464
Legion Birthday	3/19	90% =	471
Children & Youth	4/13	95%	497
Armed Forces Day	5/11	100%	523

A quick math check shows we are currently 44 members short of this year's goal of 523 members. 44 members, that is not many and we can get it done. If you have not renewed your 2016 Post 146 dues, please do so today.

I would like to welcome Transfers & new members: Andre Brown, USMC, Grenada/Lebanon; Douglas W. Reiter, USAF, Vietnam; Jose Pimentel, USN, Vietnam; Robert Perna, USA, Vietnam; Sam G. Terry, USMC, Vietnam; & Edmond Y. Mau, USMC, Vietnam to Post 146.

I am so very proud of those who took the opportunity to participate in a Formal American Legion Initiation. I believe you learned some important lessons and gained a greater appreciation of our beloved American Legion.

Here are a couple of photos of the membership and Palomar Ritual Team:



Oceanside Post 146 members Formally Initiated into the American Legion



Palomar Voiture 1406 (40&8) Ritual Team

Top Row: Ed Grimsley; Sam Flores; George Simons; Haywood Bagley (Historian)

Bottom Row: Alina Diaz; Charles Camarato, Team Leader; Gustave Freeman; Harry Woods

If you enjoyed the initiation, encourage other members to participate in the next one. A better informed Legionnaire is a better Legionnaire.

Thanks for your support. Carl Asher

Sons of The American Legion

I want to start with a big thanks to the Women's Auxiliary for the fantastic American Legion 97-birthday dinner. What an affair. Spaghetti prepared by our head chief Tony Azares. I have never had a better fun time. They had great drawings also. We need to do more of these type of activities. Some of our members brought friends that had never heard of the Legion. Well they have now and will spread the word. We are on a roll folks.

The Sons of the Legion will be having their first call for elections for Officers during the next general meeting. If you know anyone that is interested please be prepared to make a nomination. We are now up to twenty-one members and need to fill all Officers positions.

SAL participated in the 5th Marine's Wounded Warriors dinner at Dana Point. We were on the serving line putting good food on the plates of those who served and were wounded in battle. It was our honor to make the day a little more pleasant for those who gave so much.

Dave Pines, Commander Squadron 146

AMERICAN LEGION RIDERS CHAPTER 146 Officers

President: Ken Derr

Secretary: Brenda Derr

Sgt at Arms: Chuck Potter

Chaplain: "Pastor" Bob Wilson

Vice President: Ken Gardiner

Treasurer: Raymond Arnold

Ride Coordinator: James Lansberry

Historian: Vacant

The Riders are on their way to having a great year. We have added three new members and have a new committee chair for our Toys4Tots event. We will be taking nominations for new officers at our meeting in April.

Upcoming events include:

April 16 Armed Services YMCA Poker Run

April 16 ALR Chapter 328 Norco, CA Poker Run

April 22-24 ALR Convention in San Luis Obispo, CA

The 2nd Tuesday of each month we have a social hour at the Junkyard Grill on Ocean Ranch Blvd @ 1800 hrs.

Our meetings are held on the 4th Saturday of each month @ 0900 at the VANC Building.

Due to the ALR Convention being on our meeting weekend we have re-scheduled our April meeting for Apr 30, meeting place TBA.

Respectfully submitted, Kenneth Derr, President, ALR 146

Recycle

Please note that in addition to bottles, cans, Copper, Brass and aluminum the Post is now accepting used printer and toner cartridges, also used cell phones. These are used to get store credits to help defray the cost of the Post 146 office supplies. You can bring them to the monthly meeting or contact Edd at 760-754-9633 or 760-433-1165 to arrange for a pickup."

Edd Robinson, Adjutant

American Legion Auxiliary Unit 146 Officers 2015-2016

President:	Mary Thorsten	auxiliary@legionpost146.org	760-421-1512
1 st Vice:	Tammy Nielsen	tsn1962@sbcglobal.net	760-505-2873
2 nd Vice:	Sandie Pines	sandrapines@icloud.com	760-967-0952
Secretary:	Suzanne Brewer	suzbrewer1@hotmail.com	760-536-3384
Treasurer:	Carolyn Byers	carolyn57.cb@gmail.com	760-945-4590
Chaplain:	Marvel Simmons	simmons_t2m@hotmail.com	507-402-0687
Historian:	Nancy Andersen	nma49@cox.net	760-757-1143
Sgt at Arms:	Ann Hall	annah5353@yahoo.com	760-295-1775
Marshall:	Aleta Whitehead		
Exe Committee:	Dodie Leaf		
	Roberta Mattice:	buggs417@aol.com	760-645-2050

The Auxiliary did a FANTASTIC job with the 1st America Legion Birthday Party Dinner. Just like a well oiled team everyone chipped in and made the night a grand success. Thank you SAL for your help, also Tony what can I say you ROCK. With Elections coming up it is a perfect time to host a New Member Auxiliary Workshop. Saturday April 2nd is the day to get all your questions answered. I look forward to seeing you at VANC, bring \$5.00 for lunch and all your questions. May 30 we will be writing our Year End Reports as a group at VANC. Stop in for a few laughs and see how easy report writing can be 2 to 5 pm. May 31st we will be having a "Spring Fling" at North Terrace and Santa Margarita Schools 1:45 and 2:00.

How many of you have CANCER or someone in your family that has had CANCER. The ladies of Unit 146 are walking for CANCER on April 16th and 17th. Our next meeting will be at Mira Costa College at 9:00, this will be a fun day and there will be a TEAM PICTURE. You really don't want to miss this, even if you are not walking please come for the picture and stay for the survivors lap! It is an AMAZING time and of course some of our members spend the night. If you want to leave think about coming back at dusk as the Luminary Lap is very special also. Come and go as you want just give it a chance all are welcome.

REMEMBER April 16th is our GENERAL MEETING at Mira Costa College Relay for Life! Call Kim Crone or Mary Thorsten for more information.

As always it is a HONOR to be your President this year, **Mary Thorsten**

Preparing for the Inevitable

In lieu of the monthly Computer Corner section, I decided to write about a more important subject. Legion Post 146 has lost many comrades over the past several years and did not know about it for months later. Within the last 6 weeks a veteran friend of mine died and the wife of another veteran friend died. Both individuals were in their late 60s, and it was totally unexpected. The grieving spouses had to deal with issues they were not prepared for and this compounded their stress. In one case a computer password had been changed and prevented computer access for several days until resolved by a technician. In the other case it was more difficult, because the spouse had never paid the bills or used a computer to access on-line accounts. In order to help your survivors deal with the myriad of issues that occur when you go on that journey to Post Everlasting, a checklist is attached to the end of this newsletter, and it is also on our legionpost146.org website. Questions may be sent to me at: webmaster@legionpost146.org. Please see checklist on page 9 & 10 of this newsletter.

Webmaster, David Kauppinen

**Super Raffle!
Trophies!
50/50 Drawing!
Live Auction!**

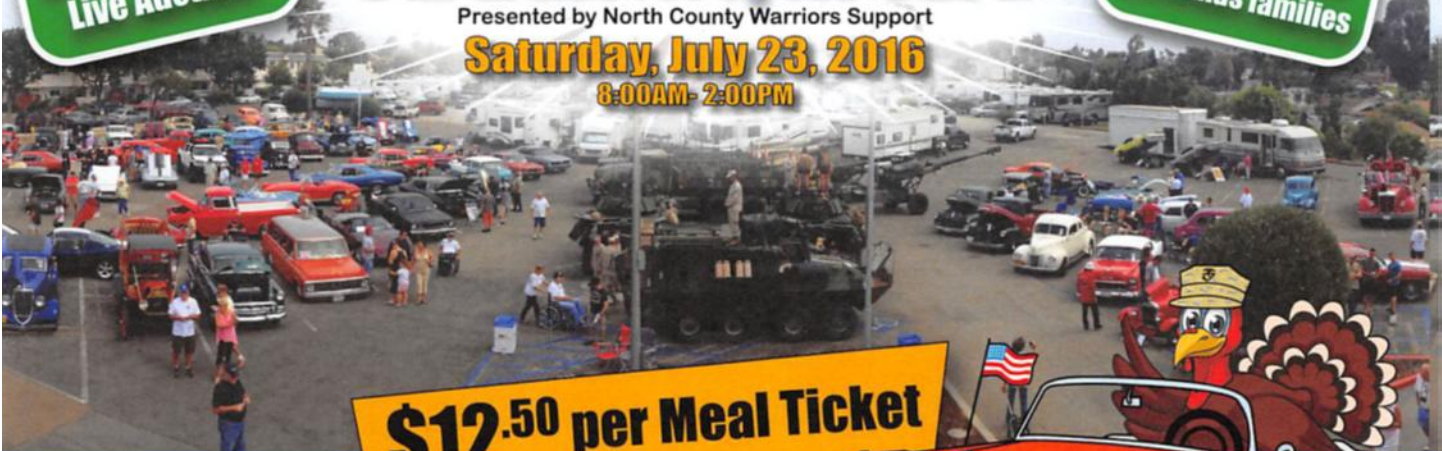
11th Annual Thanksgiving in July Car & Motorcycle Show

**All proceeds
go towards NCWS
Adopted Military
Christmas families**

Presented by North County Warriors Support

Saturday, July 23, 2016

8:00AM - 2:00PM



**Come see COOL CARS
and eat TURKEY DINNER
for a GOOD CAUSE!**

\$12.50 per Meal Ticket
Current Enlisted Military
& Immediate Families Free



For more information visit: www.ncws.org

\$25 Pre-Registration
Includes 1 meal

\$30 at the Event
(Pre-registration deadline June 30th)

**Current Enlisted Military
& Immediate Families Free**

CAR & MOTORCYCLE SHOW - ENTRY FORM

To pre-register, make check payable to NCWS and mail to:
NCWS - 603 Seagaze Drive, #965, Oceanside, CA 92058
You may also register online at www.ncws.org.

Free T-Shirt! Circle your shirt size:
S M L XL XXL

Name _____ Spouse/Guest _____
 Vehicle Year, Make & Model _____
 Address _____
 Phone _____ Email _____
 Signature _____

Confirmation will be sent via email or USPS. Tickets are limited to a first come first served basis. All entrants hereby release and discharge the Elks Lodge, North County Warriors Support and anyone else connected with the event from any known or unknown damages, injuries, losses or claims that may occur at this event.

Preparing for the Inevitable, Checklist for: _____

Date:

Make a list of organizations to be notified in the event of serious illness, injury, or death. Employer, church, American Legion Post, and other Veterans' organizations. The Legion Post Service Officer can provide guidance for obtaining expert services available through Legion channels and other community agencies, including military funeral honors. In addition, when requested the Post Chaplain can officiate at post member's funeral, and can be of service to the bereaved family members.

ORGANIZATION	ADDRESS	PHONE	NOTES
American Legion Post 146	1617 Mission Avenue Oceanside, CA 92058	760-754-9633	

Make a list of important documents such as Social Security card, Will, deeds, burial plots, life insurance policies, automobile title and registration, driver's license, military ID card, DD-214, Power of Attorney, health insurance card, prescription drug card, income tax file, and citizenship papers. If any of these documents are stored in a Safety Deposit Box, then list where the box is located and where the key is kept.

DOCUMENT	INFORMATION	NOTES
Social Security Number		
Will		
Life insurance policy		

Make a list of personal accounts such as computer password, email accounts/passwords, mobile phone passcode, subscriptions, and clubs.

Computer	Password:	
Email name:	Password:	

Make a list of all financial accounts such as bank saving and checking accounts, trusts, stock accounts, 401 accounts, IRAs, Roth IRAs, bond accounts, pensions, annuities, stocks or bonds held personally, and savings bonds.

COMPANY		ACCOUNT NO.	
ADDRESS		LOGON	
PHONE		PASSWORD	
NOTES:			

COMPANY		ACCOUNT NO.	
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